

PROUDLY PRESENT OUR

*Annual*



# PROGRAM

**49KM OC6  
CHANGEOVER  
SATURDAY  
3RD SEPTEMBER**  
Bribie Surf Club to  
Mooloolaba Bay

*and*

**4KM & 20KM  
OC6 BEACH  
CHANGEOVER  
SUNDAY  
4TH SEPTEMBER**  
Mooloolaba Bay



## PRESIDENT'S WELCOME



**Welcome to all International and Australian paddlers, families and supporters to our Annual "Whale Run" Bribie to Mooloolaba Changeover Race on Saturday 3rd September, 2022. During September the whales are on their return journey - you will be sure to see many of them as they make their way home.**

This is an exciting event in conjunction with and promoted by SQ Zone. We look forward to hosting many crews challenging themselves by taking part in this event.

In addition to the Challenge Changeover Race from Bribie to Mooloolaba for experienced paddlers, there will also be a Beach Changeover race on Sunday 4th September in the Mooloolaba Bay for our Juniors and less experienced paddlers to experience changeover racing and improve their skills and gain confidence to do future changeover races.

Mooloolaba has spectacular sea waters. The Bay provides easy beach access for all canoes, great viewing and variety for outrigger races. For all of our visitors, there are airports at



Sunshine Coast (17km to venue)

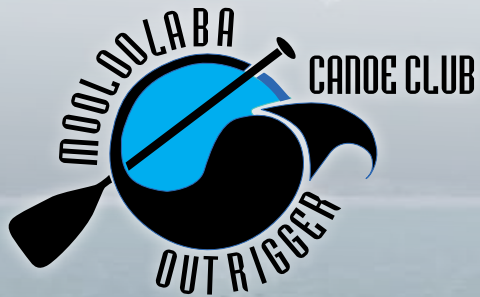
<https://www.sunshinecoastairport.com.au/> or Brisbane Domestic and International (97km to venue) <https://www.bne.com.au/>. Please see the local directory for accommodation choices <https://visitsunshinecoast.com/accommodation>

Plenty of onsite refreshments with amenities including public showers in the immediate area. Vehicle parking available down Parkyn Parade.

### Presentations and Celebrations

All Paddlers, Family and Friends are welcome to come back to our Club after Saturdays and Sundays Event for a BBQ and refreshments with some light entertainment.

*Allan Rasmussen*  
Mooloolaba OCC President



*Proudly presented by*

MOOLOOLABA OUTRIGGER CANOE CLUB

**49Kilometer CHANGE OVER RACE**

Bribie Island Surf Club to Mooloolaba Bay

**20Kilometer Changeover Race at Mooloolaba**



## RACE PROGRAM Saturday 3rd September 2022

**Tide Times:** Low tide: 7.37p.m. High tide: 1.08p.m Sunrise 5.57am Sunset 5.35pm

**Race Director:** Ben Blackman 0406 539 535 **Assistant Race Director:** Barry Smith 0408 786 990 **On Water Safety:** Rod Ratcliffe 0407 170 091

**On Water Director :** Allan Rasmussen 0417 734 173 **Off Water Safety:** Barry Smith 0408 786 990

- Please Note:
1. Times are approximate and we ask paddlers be ready prior to times indicated ready to start.
  2. The Race Director has the discretion to change the course depending on weather conditions.
  3. Thursday September 1st: Racecourse will be finalised after checking weather conditions. Alternate racecourse may be used if weather poses a risk to competitors and the event.
  4. Race Director will not wait for crews to get to the start line.
  5. All paddlers and escort boat captains must attend their briefings on the day.
  6. Friday evening rego at Mooloolaba clubhouse and briefings for Escort Boat Drivers.

RACE TIME	EVENT	DISTANCE
<b>FRIDAY</b> 4pm - 7pm	Parking/rigging of canoes available at Bribie Surf Club overnight for teams interested 4-7pm (TBC). Registration for 49k race at MOCC compound 4-7pm. Escort Boat Briefing MOCC Compound 6pm	
<b>SATURDAY 3RD SEPT</b>		
8.30 - 9.30am	Canoe Rigging at Bribie Surf Club. Registrations at Bribie Surf Club for 49k Bribie to Mooloolaba Challenge	
10.00 am	Safety Checks. Final Support and Escort Boat Driver Briefing Bribie Surf Club	
10.15 am	Race Briefing for Bribie to Mooloolaba. Bribie Surf Club	
10.30 am	Bribie to Mooloolaba Changeover Race Start	49k
<b>Race Start Wave 1</b>	• 19U Girls, 19U Mixed • Golden Women, Golden Men, Golden Mixed	
10.30	• Platinum Women, Platinum Men, Platinum Mixed • Senior Master Women	
<b>Race Start Wave 2</b>	• Master Women, Master Men • Senior Master Men, Senior Master Mixed.	
10.45am	• Master Mixed	
<b>Race Start Wave 3</b>	• U19 Boys • Open Men, Open Mixed, Open Women	
11.00am		
<b>SUNDAY 4TH SEPT</b>		
6.30 - 8am	19 Under, Women, Men, Mixed Registration for Mooloolaba Bay Changeover Races @ Mooloolaba Compound	
<b>Race 1</b> 8.30 pm	Race Briefing for Mooloolaba Bay U12 & Minnow Beach Changeover	4km
9.00am	12 Under and Minnows Race Start	
9.30 am	Race Briefing for Mooloolaba Bay Changeover Race	
<b>Race 2</b> 9.45am	Juniors (beach changeover), Novice, Men, Women, Mixed Race Start	20km
12.15 pm	Racing Finishes	
1:00 pm	Presentations & Celebrations (=party!) at MOCC compound	



## NOMINATION INFORMATION

- All nominations must register online at [www.aocra.com.au](http://www.aocra.com.au) by midnight on 20th August 2022
- All team nominations must be completed by 20th August 2022
- It is not possible to register on the day.
- NON AOCRA International paddlers must complete the International Indemnity Form and bring to Registration  
<https://aocra.com.au/uploads/file/AOCRA%20Forms/2018%20International%20Paddler%20Indemnity%20form.pdf>
- This is a Combined Event – crews may consist of paddlers from various clubs
- No paddlers 16 years and younger can participate in the 49KM Changeover. Paddlers 17 – 19 years of age wishing to race must provide written approval and evidence from their Head Coach to the Zone registrar & Secretary of Mooloolaba OCC [info@mooloolabaoutriggers.com](mailto:info@mooloolabaoutriggers.com) prior to registering Club Nomination for approval.

If you are having trouble with the online registration through AOCRA please email [support@aocra.com.au](mailto:support@aocra.com.au) or [sqregistrar@gmail.com](mailto:sqregistrar@gmail.com)

## RACE FEES – Includes race shirt (include in notes when registering)

Close off for Tshirt sizes is 1st August (midnight); otherwise sizes cannot be guaranteed

**Whale Challenge Changeover 49km:** \$65 per paddler per race – All Senior Paddlers. \$50 per paddler per race – All Junior Paddlers

**Mooloolaba Beach Changeover 20km:** \$50 per paddler per race – All Senior Paddlers. \$30 per paddler per race – All Junior Paddlers

**Mooloolaba Beach Changeover 4km:** \$25 per paddler per race – All Junior Paddlers

Includes a race shirt that **must be worn on the day**

## INCENTIVES

SQ Zone are please to sponsor the Whale Challenge Changeover 49 KMS. The first three teams across the finish line for; Female, Male and Mixed will receive a gift card prize.

Category	Female	Male	Mixed
First	\$400	\$400	\$400
Second	\$250	\$250	\$250
Third	\$150	\$150	\$150
Perpetual Trophy - First	YES	YES	YES

**Presentations will be held at the Mooloolaba Compound at 5:00PM on Saturday 3rd SEPTEMBER.**



## REGISTRATIONS

All registrations must be completed by Saturday 20th August 2022 and team nominations by Saturday 20th August 2022 via the online system at [www.aocra.com.au](http://www.aocra.com.au).

**The RACE DIRECTOR has the discretion to not allow late registrations to paddle if he or she has concerns about the paddler/escort boat ratio.**

- **BRIBIE TO MOOLOOLABA 49KM CHANGEOVER RACE REGISTRATION:**

**2nd September 2022 4.00pm - 7.00pm at MOCC compound & 3rd September 2022, 8.30 - 9.30am at Bribie Surf club**

Food will be available on Friday night at Mooloolaba compound

- **MOOLOOLABA BAY CHANGEOVER RACE REGISTRATION:**

4th September 2022 6:30 - 8:00am. Location: Mooloolaba Compound

## RACE RULES

- All AOCRA rules and regulations will be enforced, as per the AOCRA Regatta Rules, available under the Administration tab on the AOCRA website. Mandatory safety regulations apply.
- All competitors must wear race shirt for identification
- Yacht Bots will be assigned to each team for 49km race only – this **MUST** be collected at sign in desk at the start venue and fixed to the canoe and returned to the registration team at the end of the race. **DO NOT** turn off the tracking device.
- **All competitors are required to attend race briefing and all escort boat captains are required to attend support boat briefing on Friday 2nd September 2022 is it necessary for all competitors to attend briefing on Saturday 3rd September 2022.**
- **Escort Boat driver must also supply a Deck Hand to assist the driver (deck hand not to be a part of the race crew).**
- Escort Boat Captains are required to complete Escort Boat Scrutineer Form to bring to the briefing to complete scrutineer process, confirm attendance, understanding of their role and responsibility. Email to [info@mooloolabaoutriggers.com](mailto:info@mooloolabaoutriggers.com) the Mooloolaba OCC secretary by COB Thursday 1st September 2022
- Lightweight canoes are permitted for this event but will only be eligible for Medals.

## BUS TRANSPORT (Mooloolaba to Bribie Island)

There will be a bus to transfer paddlers from Mooloolaba to the start of the race at Bribie Island. It will be leaving from 8am from the Coast Guard at Mooloolaba on Parkyn Parade.

FOR BOOKINGS PLEASE EMAIL [info@mooloolabaoutriggers.com](mailto:info@mooloolabaoutriggers.com) and pay in advance to secure your seat. **THE BUS FILLED FAST LAST TIME SO PLEASE CONTACT THE ABOVE EMAIL FOR DETAILS.**

## AGE DIVISIONS FOR THE 49KM CHANGEOVER

Wave 1	Wave 2	Wave 3
19 Under Girls	Master Women	19 Under Boys
19 Under Mixed	Master Men	Open Men
Golden Women	Master Mixed	Open Women
Golden Men		Open Mixed
Golden Mixed	Senior Master Men	
Senior Master Women	Senior Master Mixed	
Platinum Women		
Platinum Men		



- If there are two or less nominations in your age division you may be asked to move down to a lower age division
- Support boats are official boats. Escort Boats are team boats.

**NOTE:** Crews must reach certain buoys by an allotted time:

- Moffat Reef buoy must be reached **by 2.00pm** or paddlers will be directed into Moffat Beach for recovery.
- Pt Cartwright buoy must be reached **by 4.00pm** or paddlers will be directed into Mooloolabah Beach.

## OC6 49KM CHANGEOVER TEAM

- Each changeover team must provide their own escort boat on the water with a deck hand who is not a changeover competitor
- All escort boat captains are required to attend the Escort Boat Briefing
- 19 Under teams must have ten paddlers. Mixed teams must have a ratio of five men and five women.
- Women teams must consist of ten paddlers
- Men teams must consist of nine paddlers
- The golden and platinum master teams must have a minimum of 10 but may have a maximum of twelve paddlers
- Mixed teams must have a minimum of three women paddlers in the canoe at all times and must consist of ten paddlers. Mixed teams must have a ratio of five men and five women.
- Each changeover team is responsible for paying the escort boat crew the negotiated fee directly
- Each competitor must carry all necessary food and water for the duration of the race and optional to have additional spare paddles on their escort boat
- In the event that your canoe is incapacitated or voluntarily withdrawn from the race the escort boat must advise race director of the nearest safe beach for landing- road escort team arranged for pickup. (refer to page 11 map showing pick up point at Moffat Beach).

## 1ST CHANGEOVER POSITION 49KM

- The first changeover for all teams is at the 4 km buoy (or further) from the race start
- No changeovers allowed during the first 4kms of the race



## AGE DIVISIONS FOR THE 20KM CHANGEOVER

### OC6 RACING

19 Under Girls

Open Women

Master Women

Senior Master Women

Golden Women

Platinum Women

19 Under Boys

Open Men

Master Men

Senior Master Men

Golden Men

Platinum Men

NOVICE Mixed

14 Under Mixed

16 Under Mixed

19 Under Mixed

Open Mixed

Master Mixed

Senior Master Mixed

Golden Mixed

Platinum Mixed



## OC6 20KM CHANGEOVER TEAM

- 16U and 14U teams consist of min of 10 paddlers with a ratio of five boys and five girls (minimum of 3 x girls per canoe at any 1 time)
- The 19U teams must consist of ten paddlers. Mixed teams must have a ratio of five men and five women. (minimum of 3 x females per canoe at any 1 time)
- The women's teams must consist of ten paddlers
- The men's teams must consist of nine paddlers
- The golden and platinum master teams must have a minimum of 10 but may have a maximum of twelve paddlers
- Mixed teams must have a minimum of three women paddlers at all times and must consist of ten paddlers. Mixed teams must have a ratio of five men and five women.
- Support Boats provided and one support has First Aid onboard



## OC6 12 UNDER & MINNOWS 4KM BEACH CHANGEOVER TEAM

- The 12U and minnows may combine as team and have a maximum of 10 paddlers and have a steerer (minimum age of 14 years) in the canoe at all times – no gender mixed stipulations
- The course will consist of 4 x 1kms rounds for beach changeover. All changeovers must be beach changeovers in this division.
- Minimum of three nominations required in this event for this race to proceed. Refund will be provided if two or less nominations in this event
- Support Boats provided

## SAFETY

### Bribie to Mooloolaba Changeover Race 49km

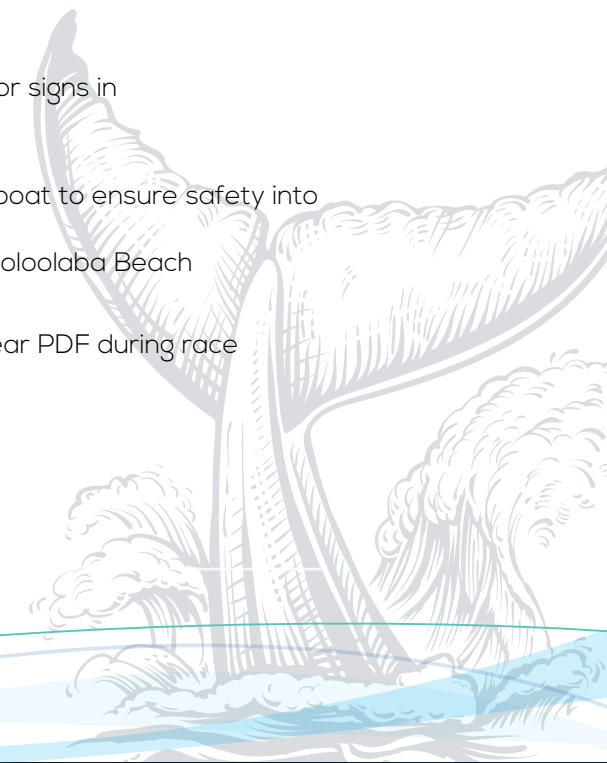
- PFD's (one per paddler) in all canoes. Wearing of PFD optional during race
- Covers, at least 2 x Bailers and 1 x Secured Tow rope in all canoes
- At least 1 Spare blade per craft
- Each crew to have their own Escort boat at their own expense with a qualified driver. Driver and deck hand are not to be a competitor of the event
- Boat driver to submit copy of boat licence at Escort Boat Briefing on Friday 2nd September at 6pm
- Boat drivers must sign in, that they attended the Escort Boat Briefing on Friday 2nd September
- All canoes must carry a tracking device that will be provided on the Saturday when designated competitor signs in
- All canoes will be scrutineered prior to race start
- **NOTE** – cut off times during race are as follows:
  - Must reach Moffat Beach Reef buoy by 2:00PM – late crews **MUST STOP** and be directed by a support boat to ensure safety into Moffat Beach for pick up – address is Bryce St Moffat Beach
  - Must reach Pt Cartwright cut off time is 4:00PM – crew **MUST STOP** and will be directed straight into Mooloolaba Beach

### Mooloolaba Bay Changeover Race 20km and 4km

- PFD's (one per paddler) in all canoes. Wearing of PFD optional during race – Minnows and U12's **MUST** wear PDF during race
- Covers, at least 2 x Bailers and 1 x Secured Tow rope in all canoes
- At least 1 Spare blade per craft
- One experienced registered steerer always during the race
- All canoes will be scrutineered prior to race start

## ONSITE FACILITIES

- Coffee van on location Sunday only
- Snacks and soft drinks only at race event Mooloolaba beach Sunday
- There are commercial food & beverage outlets available adjacent and across the road from the event
- Public toilet and shower amenities 30 metres across the road



## RACE COURSES

### Bribie to Mooloolaba Changeover Race 49km

- Weather conditions will determine the best course on the day. Course is marked in the Map below and is likely if a good Southerly or South Easterly
- Racecourse, distance and start is at the discretion of the Race Director
- All competitors will complete the 49kms course, commencing from the Bribie Surf Club
- The race start will be staggered at 15minute intervals in the following order: In three waves. Refer to page 4 of this program
- **The first changeover can take place 4kms from the race start.** Distance marked with a buoy marker.
- **No changeovers allowed between race start and first 4kms.** Teams performing a change during the first 4kms will be disqualified.
- Buoy Markers on the course at:
  - 4kms from race start for first changeover may commence
  - Moffat Beach buoy (30km) - avoid rock point, stay out of shipping channel
  - Pt Cartwright buoy (44km)
  - Mooloolaba Bay - stay clear the seaway rock wall
  - All steerers and boat captains are required to attend all briefings for confirmation of the final racecourse

### Bribie to Mooloolaba Changeover 49km Map

- Race course distance and start is at the discretion of the Race Director
- Staggered Start:
  - **10:30AM Wave One** U19 Girls, Senior Master Women, Golden Women, Golden Men, Golden Mixed, Platinum Women, Platinum Men Platinum Mixed
  - **10:45AM - Wave Two** Master Women, Master Men, Senior Master Men, Senior Master Mixed, Master Mixed
  - **11:00AM - Wave Three** U19 Boys, Open Men, Open Women, Open Mixed



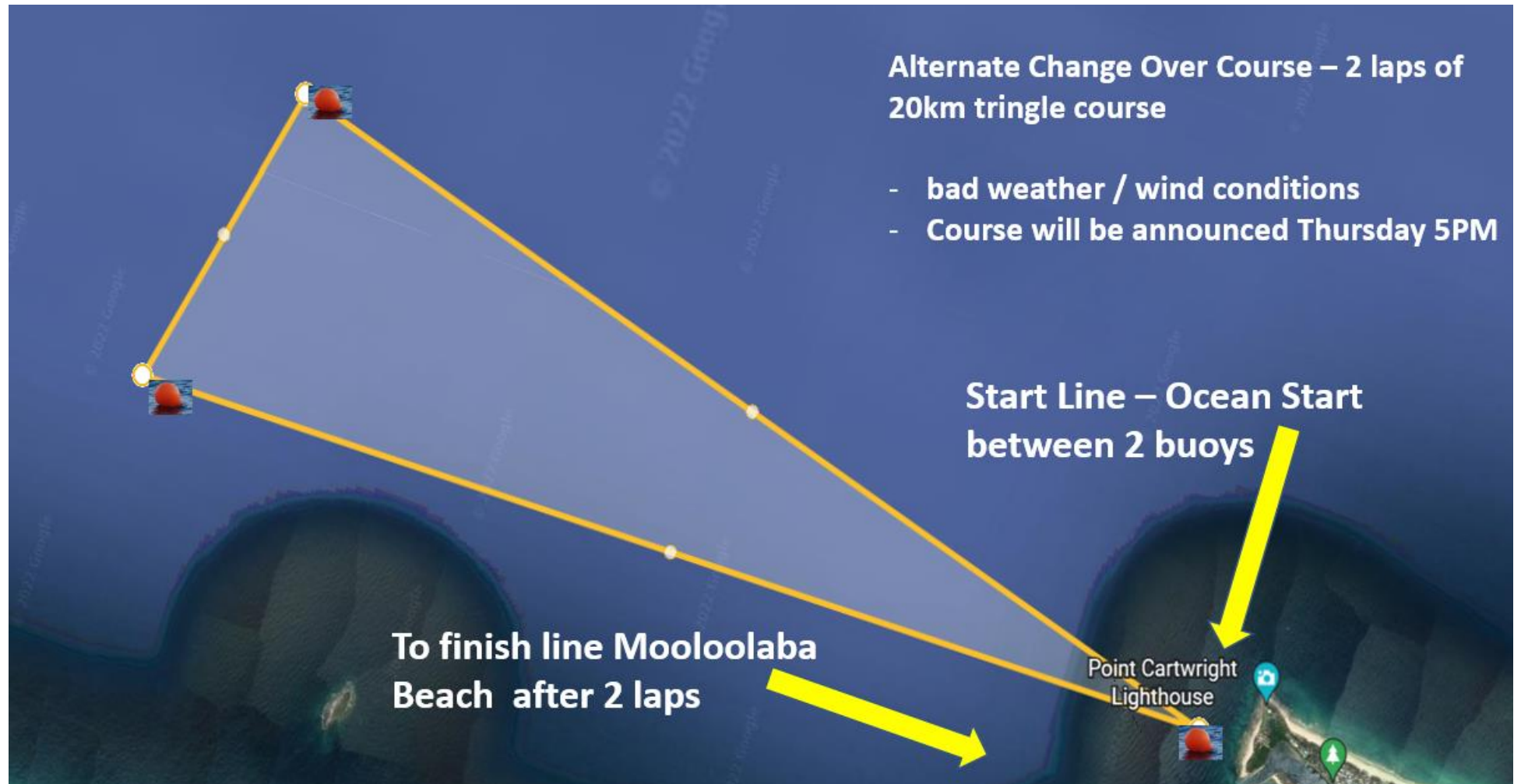
© Jenny Medley Fotos





## ALTERNATE COURSE

TBA Thursday September 1: Race times and start line TBA.





## MOOLOOLABA BAY CHANGEOVER RACE COURSE 20KM

**Sunday 4th September 2022**

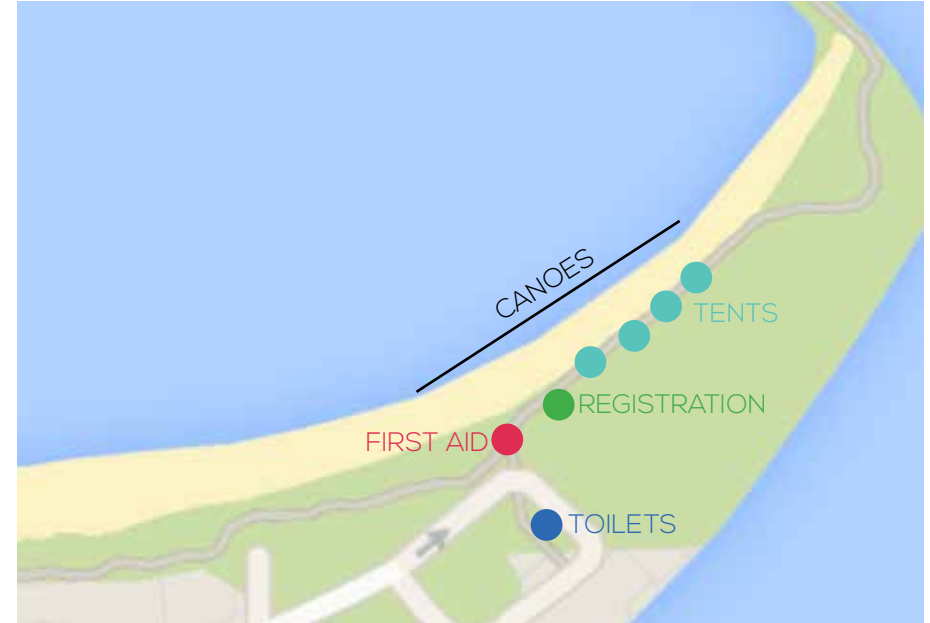
**Tide Times:** Low tide: 7.20am High tide: 2.38pm Sunrise 5.57am Sunset 5.35pm

- Race course distance and start is at the discretion of the Race Director
- All competitors will complete the 2.5 km course with 8 laps. Beach changeover or in water depending on skill level.
- First changeover will be after 2 laps.
- Changes must be made within the marked area
- Buoy Markers on the course at:



## MOOLOOLABA BAY CHANGEOVER RACE COURSE 4KM

- Race course distance and start is at the discretion of the Race Director
- All competitors will compete in the 4km course consisting of 4 lap x 1km laps will use a 500M marker buoy as their turning reference point and return to the beach change over area. U14 and U16 must change paddlers out after 2 laps. All minnow and junior coaches and parents to assist with canoe handling at beach change over.
- Bouy turning maker to be determined by race director according to ocean conditions.



## EVENT SITE MAP

**PLEASE NOTE:** There is to be **NO** car parking by paddlers or supporters in the cul-de-sac car parks at the spit end of Parkyn Parade. THIS AREA IS RESERVED FOR CUSTOMERS OF THE RER OUTLETS IN THE AREA. If you park in these spaces you will be asked to remove your vehicle. We also ask that no cars, trailer, vans etc that do not have permission, park within the regatta site.

Please be advised that there is to be **NO PARKING or STOPPING** of vehicles in the driveway located adjacent to 'The Spit' parklands. The entrance to the driveway is to remain clear at all times and is signed a **NO STANDING** area. **The driveway to the DTMR & Water Police facilities is to be kept clear at all times during the conduct of the event.** (No loading and or unloading to be undertaken in the driveway or at the entrance to the driveway). **Any vehicle found to be not complying maybe issued an infringement notice which can incur a penalty of \$170.**





## TRAILER PARKING

**Options for trailer and boat parking are being looked at- please check Mooloolaba Outrigger canoe Club Facebook page for updates.**  
<https://www.facebook.com/MooloolabaOCC/>

Trailer parking will be in the boat trailer car park (next to the Coast Guard building) on Parkyn Parade. This is the next large car park on your right after the Underwater World / Wharf Precinct car park. Please park considerately and obey all Council signs. If it's particularly good boating weather (i.e. flat), this car park can fill up quickly with recreational boats.

**PLEASE NOTE - TRAILERS ARE NOT PERMITTED TO USE STREET PARKING OR OTHER CAR PARKS ON PARKYN PARADE. PLEASE USE THE BOAT TRAILER CAR PARK ONLY UNLESS OTHERWISE DIRECTED.**

## ACCOMMODATION

There are many accommodation establishments within walking distance of the regatta site in Mooloolaba. Visit this site for future information. <https://visitsunshinecoast.com/accommodation>.



## AOCRA REFUND POLICY EFFECTIVE 30 NOVEMBER 2021

### The Nomination Fee

All nomination fees must be published in regatta event programs disclosing the detailed split of the fee as per examples below:

<b>Total Nomination Senior Fee:</b>	<b>\$65:00</b>
Host Club:	\$58:00
Zone:	\$ 5:00
AOCRA:	\$ 2:00

<b>Nomination Fee</b>	<b>Seniors</b>	<b>Juniors</b>	<b>Seniors</b>	<b>Juniors</b>	<b>Juniors</b>
<b>OC6 per race</b>	<b>20km Course</b>	<b>20km Course</b>	<b>49km Course</b>	<b>49km Course</b>	<b>4km Course</b>
Total Fee	\$50:00	\$30:00	\$65:00	\$50:00	\$25:00
Host Club	\$43:00	\$23:00	\$58:00	\$43:00	\$20:00
Zone	\$5:00	\$3:00	\$5:00	\$3:00	\$3:00
AOCRA	\$2:00	\$2:00	\$2:00	\$2:00	\$2:00

Juniors

### AOCRA Refund Policy in the event of Postponement and or Cancellation

Refund policy may vary depending on the type of event and the Host or Organiser. The Host of each event must include a Refund Policy in the approved Regatta / Event Program outlining the terms for eligibility to request a refund. The Refund Policy must be the same wording as outlined in the AOCRA Rules, otherwise, the Host must seek approval from AOCRA Events for any changes prior to publishing a Refund Policy in the approved Regatta / Event program. The

Refund Policy applies to nomination fees paid to enter a sanctioned AOCRA event only.

### Nominee Cancellation Prior to the Event Date

#### Change of Mind or Unable to Attend

Once the nomination fee is paid there is no refund for change of mind. If you have paid the nomination fee and are unable to attend the event due to extenuating circumstances outside of your control, you may apply in writing using the AOCRA Request for Refund Form on the AOCRA website and email to support@aocra.com.au giving details of the reason for requesting a refund. The Host, Zone and AOCRA are not obligated to refund their respective portions of the nomination fee, and if a refund is approved it will be processed in full less an administration fee of up to \$10 for processing the refund. AOCRA determines the administration fee at the time of processing a refund and retains the administration fee to cover their processing costs.

The nominee cannot request a refund on the day of the event or after the start date of the event.



## Host Postpones or Cancels the Event

### Host Giving Notice of Postponement or Cancellation

The Host must follow the AOCRA Rules to postpone or cancel an event and give notice in writing by: email, sms alert notification or text message to your mobile device, Host Facebook post, written announcement on the AOCRA website. The effective date is the date of dispatch.

### Event Postponed

Should the Host, Zone or AOCRA postpone an event, they are required to give notice at any time prior to the scheduled start time of an event.

A date for the rescheduled event must be announced within 7 days of the original event date in writing by: email, sms alert notification or text message to your mobile device, Host Facebook page, written announcement on the AOCRA website. The Host reserves the right to postpone the event (where no refund will be issued).

The rescheduled event program content / format may change including scheduled times which is at the discretion of the Host and they reserve the right to do without notice.

The Host, Zone or AOCRA may continue to postpone an event following the same process as above.

### Event Cancelled

The Host, Zone or AOCRA may cancel an event inline with the AOCRA Rules.

Cancellation more than 30 days before the event is at minimum a 80% refund of the Host, Zone and AOCRA portion of the nomination fee.

Cancellation more than 7 days before the event is at minimum an 70% refund of the Host, Zone and AOCRA portion of the nomination fee.

Cancellation more than 1 day before the event is at minimum a 60% refund of the Host, Zone and AOCRA portion of the nomination fee.

Cancellation on the day of the event is at minimum a 40% refund of the Host, Zone and AOCRA portion of the nomination fee.

The Host reserves the right to refund at a greater value of their portion of the nomination fee only, than the stated cancellation terms above.

The Zone reserves the right to refund at a greater value of their portion of the nomination fee only, than the stated cancellation terms above.

AOCRA reserves the right to refund at a greater value of their portion of the nomination fee only, than the stated cancellation terms above.

### Refund Payment

Refunds will be processed within 30 days of cancellation via the same method used for payment.